

# Banther Press

## January 2024



### IMPORTANT DATES

Thursday January 11th  
Parents Club Meeting at  
5:30 pm  
in the cafeteria  
join them!

January 19th 7th & 8th  
grade Winter Dance  
details to come



### CANDY ROSES!!

Our 8th grade class  
will be selling candy  
roses in February to  
help fundraise for  
their 8th grade  
activities. Please  
help support them  
by buying one or  
ten!!!

Details to come soon!



### MLK DAY

There will not be school  
or Daycare (ELOP) on  
Monday January 15th to  
honor Martin Luther King  
Day



### 4H MEETING

4H will be hosting their monthly  
meeting on Wednesday January  
10th at 6:30 pm in the cafeteria





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## KINDNESS WEEK 2024

Monday 01-22-24	Tuesday 01-23-24	Wednesday 01-24-24	Thursday 01-25-24	Friday 01-26-24
<p>Western Day</p>  <p>Wear your best country and western wear</p>  	<p>Construction Day</p>  <p>Wear your best construction gear</p>  	<p>Rhyme without Reason Day</p> <p>Partners dressing as rhyming objects here are a couple of examples: cat/ bat or referee/ bumblebee</p>  	<p>Decades Day</p>  <p>Dress in your favorite decade!</p>  	<p>Pajama Day</p>  <p>All time favorite for our students</p>  

More details to come on our  
Great Kindness Challenge  
January 22 through January 26





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## PERSEVERANCE Family Newsletter



PurposeFULL  
People

### Perseverance Overview

This month is all about Perseverance. One way to think about Perseverance is "pushing yourself through challenges and obstacles." We all experience challenges in our lives. We all have moments when we feel like we can't do it or that we want to give up on a big task. It is important to develop tools that help us work through those challenges in order to grow in those moments instead of giving up. How might you practice Perseverance as a family this month?

Perseverance is 1 of 3 traits we will focus on throughout the year that helps students **Be Strong**. Across grade levels, students will be developing skills like focusing, organizing, and goal-setting.

### Conversation Starters



- Can you share or show what it means to have Perseverance?
- When working towards goals, how does Perseverance help us to reach them?

### PurposeFull Pursuits

Have some fun connecting as a family this month while practicing Perseverance. Here are 2 "PurposeFull Pursuits" you can complete together!

#1

Consistency is hard. Have each person in the family commit to 1 thing they will do each day this week. Maybe it is flossing, drinking a certain amount of water, getting to bed at a certain time, limiting screen time, or exercising. Create a place where each person can tally their progress and see who can keep their streak going the longest!



#2

Review Perseverance as a family! Remember that Perseverance is pushing yourself to work through challenges and obstacles.

**Here's a fun challenge:** Can you fit your whole body through an index card? While it sounds impossible, with the correct folding and cutting technique, you can make it happen! Give each family member a 4x6 index card and a pair of scissors. Ready for the answer? You can find the directions and solution online by searching: "Fit Your Body Through an Index Card."

