

# Pleasant Grove School Breakfast & Lunch Menu

**October 2018**

All meals will offer 1% plain milk or Fat Free chocolate milk.

All lunches will have a vegetable\fruit garden bar available.

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>1</b> <b>Oatmeal</b> or Cereal  <b>Chicken Nuggets</b> PBJ or Bean Burrito	<b>2</b> <b>Sausage &amp; Eggs</b> or Cereal  <b>Macaroni &amp; Cheese</b> PBJ or Bean Burrito	<b>3</b> <b>Breakfast Burrito</b> or Cereal  <b>Chili</b> PBJ or Bean Burrito	<b>4</b> <b>Bagels</b> or Cereal  <b>Nachos</b> PBJ or Bean Burrito	<b>5</b> <b>Cinnamon Rolls</b> or Cereal  <b>Pizza</b> PBJ or Bean Burrito
<b>8</b> <b>French Toast Sticks</b> or Cereal  <b>Corn Dog</b> PBJ or Bean Burrito	<b>9</b> <b>B-fast Sandwich</b> or Cereal  <b>Chicken Fajitas</b> PBJ or Bean Burrito	<b>10</b> <b>Biscuits &amp; Gravy</b> or Cereal  <b>Lasagna</b> PBJ or Bean Burrito	<b>11</b> <b>Breakfast Pizza</b> or Cereal  <b>Chicken Enchiladas</b> PBJ or Bean Burrito	<b>12</b> <b>Pumpkin Cake</b> or Cereal  <b>Hot Dogs</b> PBJ or Bean Burrito
<b>15</b> <b>Pancake Wrap</b> or Cereal  <b>Chicken Sandwich</b> PBJ or Bean Burrito	<b>16</b> <b>Buttermilk Bars</b> or Cereal  <b>Spaghetti</b> PBJ or Bean Burrito	<b>17</b> <b>Pancakes</b> or Cereal  <b>Chow Mein</b> PBJ or Bean Burrito	<b>18</b> <b>Scones</b> or Cereal  <b>Nachos</b> PBJ or Bean Burrito	<b>19</b> <b>Apple Crisp</b> or Cereal  <b>Hamburgers</b> PBJ or Bean Burrito
<b>22</b> <b>Oatmeal</b> or Cereal  <b>Chicken Nuggets</b> PBJ or Bean Burrito	<b>23</b> <b>Breakfast Sandwich</b> or Cereal  <b>Pulled Pork</b> PBJ or Bean Burrito	<b>24</b> <b>Sausage &amp; Eggs</b> or Cereal  <b>Mashed Potatoes</b> PBJ or Bean Burrito	<b>25</b> <b>Breakfast Burrito</b> or Cereal  <b>Chicken Alfredo</b> PBJ or Bean Burrito	<b>26</b> <b>Cinnamon Roll</b> or Cereal  <b>Pizza</b> PBJ or Bean Burrito
<b>29</b> <b>French Toast Sticks</b> or Cereal  <b>Corn Dog</b> PBJ or Bean Burrito	<b>30</b> <b>Muffins</b> or Cereal  <b>Tacos</b> PBJ or Bean Burrito	<b>31</b> <b>Biscuits &amp; Gravy</b> or Cereal  <b>Teriyaki Chicken</b> PBJ or Bean Burrito	<b>1</b> <b>Bagels</b> or Cereal  <b>Nachos</b> PBJ or Bean Burrito	<b>2</b> <b>Applesauce Cake</b> or Cereal  <b>Hot Dogs</b> PBJ or Bean Burrito

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